

## *Prayer for Direction*

Loving Father, please send your Holy Spirit to lead me. You said that your Spirit will teach me all things and guide me into all truth. I ask you for guidance and direction now Lord and pray that you would answer my request. You are a perfectly good Father who only ever gives good gifts to his children. When I become overwhelmed with the decisions that are placed before me, please give me the peace that surpasses all understanding. Clear my mind to follow you with all my heart, all my soul, all my mind and all my strength. Through Jesus Christ, our Lord. Amen.

*Rev Kingsley Yeboah*

## **A message from Bishop Peter**

**Chelmsford Cathedral will be ringing a bell 100 times at noon on Sunday in an act of remembrance.**

So many in our churches have given so much to their communities at this time of great need and loss. In some cases, whilst we have been physically distanced, we have been spiritually closer. In their letter, the Archbishops remind the nation that 100,000 isn't just an abstract figure. Each number is a real person, made in the image of God; someone we loved and someone who loved us. Whilst many in our communities may not have looked to our churches to help them mourn and remember in the past, they will do so now and I know that our acts of remembrance can bring consolation and hope.



*ST LAURENCE EASTWOOD*

*'I want to know Jesus Christ and the power of His resurrection'*

*Philippians 3 v 10*



**Sunday January 31st 2021**

**Epiphany 4**

**10.30am Family Communion**

O for a thousand tongues  
King of Glory, King of peace  
At the name of Jesus  
Judge eternal, throned in splendour

**Readings**

Deuteronomy 18: 15-20  
Revelation 12: 1-5a  
Mark 1: 21-28

**Collect**

*God our creator,  
who in the beginning  
commanded the light to shine out of  
darkness:  
we pray that the light of the glorious gospel  
of Christ  
may dispel the darkness of ignorance and  
unbelief,  
shine into the hearts of all your people,  
and reveal the knowledge of your glory  
in the face of Jesus Christ your Son our  
Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. Amen*

**This week we are praying for**

- Lundy Close
- Kingsley and his family
- Polymeric Composites Ltd.  
Aviation Way
- Finance Team
- Hospice
- Atlas Computer Systems Ltd. Comet  
Way
- Ambulance Service

**STOREHOUSE**

**Please continue to support Storehouse  
by providing what you can. We will  
arrange to pick things up or bags can  
be dropped in our porch anytime.**

**They need our help.**

**A message from Bishop Peter**

Starting on 1 February, the Archbishops invite us to set aside time every evening to pray, particularly at 6pm each day. Resources, including a specially written prayer have been made available on the [Church of England website](#).

I encourage all across the diocese to participate in this daily act of prayer and ask you to make this known in your own parishes and worshiping communities.

**PARISH INFORMATION**

**Vicar** (Day off Friday)  
Revd Kingsley Yeboah 749896  
Email vicar@st-laurence.org.uk  
General info@st-laurence.org.uk  
For Prayer prayer@st-laurence.org.uk  
**Churchwardens**  
Martin Newman 545790  
Glen Snowdon 522032  
**Deputy Churchwardens**  
Lee Thompson 306412  
Sarah Rachell 621892  
**Treasurer**  
Danny Keech 528481  
**Hall Bookings**  
Cheryl Barwell 07396 360109  
Holley Barwell  
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**Churchyard Gardening**  
Glen Snowdon 522032  
**Livingway Editor**  
Judith Wiseman 523941  
Email paulfwiseman@hotmail.com  
**Web**  
Church st-laurence.org.uk  
Churchyard www.thechurchyard.co.uk/plots

**ON-LINE SERVICES**

Sunday 10.30am Family Communion

Tuesday morning Sermon on the Go

Thursday 9.15am Midweek Communion

These services should be available on Facebook and YouTube